



Coral Coast Chat

Zonta Club of Bowen NEWSLETTER December 2012/January 2013

Club 1476 Area 5 District 22

Date Claimers

- 31 January Board Meeting
- 14 February General Meeting
- 18 February Committee Meeting
- 28 February Board Meeting
- 10 March IWD High Tea
- 20 March Bursary Application Close
- 20 & 21 April Area 5 Meeting

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Monthly Raffle Prize Winner

The General Meeting Monthly Raffle this month was won by Ruth Wilson. Thanks very much Raynee Bidgood for organising the lovely gift.

Coffee Club



A Coffee Club was held on Saturday, 24 November 2012 at the North Queensland Cruising Yacht Club. Present were Hortense Ingram, Chris Coventry, Nan Hansen, Kerry Moloney, Lynette Klukas, Jill Knight, Trudi Fyfe, Bon Wharley and Cath Morgan.

Pregnancy Loss Australia Care Packs



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Wednesday, 12 December 2012
Zontians Jill Knight, Cath Morgan, Angela Stevens and Kerry Moloney along with Brooke Matheson presented Kimberley Amrstrong from the Bowen Library with the Pregnancy Loss Australia Resource Books which will be available from the Adult Non-Fiction section of the Library.

On Friday, 14 December 2012 Zontians Cath Morgan, Kerry Moloney and Angela Stevens along with Brooke Matheson travelled to the Ayr Hospital to distribute the Pregnancy Loss Australia Care packs.



Wednesday, 9 January 2013
Zontians Kerry Moloney and Angela Stevens with Brooke Matheson presented Collinsville Librarian Narelle Murphy with the Pregnancy Loss Australia Resource Books.

Photo Copyright of the Bowen Independent

Christmas Meeting



President Cath Morgan Inducts new Member Diane Sayer at the Christmas Meeting.



Newly Inducted Member Diane Sayer pictured with President Cath Morgan and Mentor Jill Knight.

Hoping everyone had a very Merry Christmas.



Lyn Brett a Midwife from the Proserpine Hospital gave a detailed talk on her experiences in working in a Third World country and the hardships she faced whilst in Cambodia.



President Cath Morgan presents Brooke Matheson with a gift for her hard work with the Pregnancy Loss Australia Care packs.

Wishing everyone a Happy, Safe and Prosperous 2013.



Maddison Gordon, Tammy Gordon, Courtney Widt and Lauren Barty gave a presentation of their School trip to Cambodia. Zontian Sandi Smith gave a thank you to the group for an informative talk about their experiences.

Christmas Meeting



President Cath Morgan presents Bowen Neighbourhood Centre Co-ordinator Deanna Tinirau and Stephanie Cora with the Zonta Club of Bowens annual cheque that contributes to the Emergency Housing Crisis Fund.

President Cath Morgan presents the President of the Rotary Club of Bowen - Frank Steen with a cheque to assist with the upkeep and repair of the Rotary Food Van. The Zonta Club of Bowen and the Rotary Club of Bowen have formed a very strong partnership to cater for many Community events throughout the year.



President Cath Morgan and Bon Wharley presents Bowen Neighbourhood Centre Co-ordinator Deanna Tinirau and Stephanie Cora with the Zonta Club of Bowens' contribution of Care packs which are distributed to people requiring emergency care and assistance.

Australia Day Awards



Ben De Luca 2013 Bowen Older Person of Year pictured with Whitsunday Mayor Jennifer Whitney and Steve De Luca.



Bon Wharley present Cheryl Throssell from the Bowen Hospital Auxiliary with the Zonta Club of Bowens' contribution of Care packs which are distributed to people requiring emergency care and assistance.



Ben De Luca 2013 Bowen Older Person of Year pictured with Zontian Jill Knight. The Zonta Club of Bowen nominated Ben for the Award due to his continued support of the Club and his ongoing generosity to the Community.

Recipes

Asparagus and Crispy Prosciutto Spaghettoni

320 g dried spaghettoni pasta
60ml olive oil
55g fresh sourdough breadcrumbs
85g prosciutto slices, finely chopped
2 garlic cloves, crushed
¼ tsp dried chilli flakes
2 bunches asparagus, peeled into ribbons
40g finely grated parmesan
1 ½ tbs chopped fresh chives
1 ½ tbs chopped fresh parsley

1. Cook pasta in a saucepan of salted boiling water until al dente. Drain, reserving 2 tbs of cooking liquid. Return the pasta and reserved liquid to the saucepan.
2. Meanwhile, heat 1 tbs oil in a frying pan over medium-high heat. Stir in breadcrumbs for 2-3 minutes or until golden and crisp. Season. Transfer to a bowl. Wipe pan clean with paper towel.
3. Heat 1 tbs of the remaining oil over medium-high heat. Stir the prosciutto for 3 minutes or until golden and crisp. Stir in garlic and chilli flakes for 1 minute or until aromatic. Stir in the asparagus for 2 minutes or until tender crisp.
4. Add the prosciutto mixture, parmesan, chives, parsley and remaining oil to pasta. Toss to combine. Divide among bowls. Top with breadcrumbs. Season with pepper.

Newsletter Editors Comments

Date Reminder

10 March 2013 - IWD High Tea
20 March 2013—Zonta Bursary Application Close
20 & 21 April 2013 - Area 5 Meeting to be held in Bowen.

Thank You

Thank you to Cath Morgan for taking photos at several functions during December and January.

Reminder Notice

*Could All Members donate a small
prize for the IWD progressive raffle
(value \$10.00).*

If any members would like to contribute any stories, recipes, interesting facts and quotes or a picture please feel free to drop Colleen or myself an email at rosboyce@hotmail.com or regancolleenaberson@yahoo.com.au

Hope you all enjoy.

The Editors, Colleen Aberson and Roslyn Boyce